

HUMAN PHYSIOLOGY

Allied Course Paper- II

THEORY

(48 Periods)

Unit 1: Digestion and Absorption of Food

(10)

Structure and function of digestive glands; Digestion and absorption of carbohydrates, fats and proteins; Nervous and hormonal control of digestion (*in brief*)

Unit 2: Functioning of Excitable Tissue (Nerve and Muscle)

(9)

Structure of neuron, Propagation of nerve impulse (myelinated and non-myelinated nerve fibre); Structure of skeletal muscle, Mechanism of muscle contraction (Sliding filament theory), Neuromuscular junction

Unit 3: Respiratory Physiology

(4)

Ventilation, External and internal Respiration, Transport of oxygen and carbon dioxide in blood, Factors affecting transport of gases.

Unit 4: Renal Physiology

(6)

Functional anatomy of kidney, Mechanism and regulation of urine formation,

Unit 5: Cardiovascular Physiology

(7)

Structure of heart, Coordination of heartbeat, Cardiac cycle, ECG

Unit 6: Endocrine and Reproductive Physiology

(12)

Structure and function of endocrine glands (pituitary, thyroid, parathyroid, pancreas, adrenal, ovaries, and testes), Brief account of spermatogenesis and oogenesis, Menstrual cycle

HUMAN PHYSIOLOGY

Allied Course Paper-II

PRACTICAL

1. Preparation of temporary mounts: Neurons and Blood film.
2. Preparation of haemin and haemochromogen crystals.
3. Estimation of haemoglobin using Sahli's haemoglobinometer.
4. Examination of permanent histological sections of mammalian oesophagus, stomach, duodenum, rectum, lung, kidney, thyroid, pancreas, adrenal, testis, ovary.

ESSENTIAL READINGS

- Tortora, G.J. and Derrickson, B.H. (2009). *Principles of Anatomy and Physiology*, XII Edition, John Wiley and Sons, Inc.
- Widmaier, E.P., Raff, H. and Strang, K.T. (2008). *Vander's Human Physiology*, XI Edition, McGraw Hill.
- Guyton, A.C. and Hall, J.E. (2011). *Textbook of Medical Physiology*, XII Edition, Harcourt Asia Pvt. Ltd/ W.B. Saunders Company.

SUGGESTED READINGS

- Marieb, E. (1998). *Human Anatomy and Physiology*, IV Edition, Addison-Wesley.
- Kesar, S. and Vashisht, N. (2007). *Experimental Physiology*, Heritage Publishers.
- Prakash, G. (2012). *Lab Manual on Blood Analysis and Medical Diagnostics*, S. Chand and Company Ltd.