

Paper No- 13. Understanding and Dealing with Psychological Disorders

Objectives: To introduce clinical picture, causes and treatment of some psychological disorders and provide a brief introduction to some treatment techniques.

Marks: 100 + 50 (practical)

Contact Hours: 48

1.Schizophrenia: Types of Schizophrenia – Disorganised, Catatonic and Paranoid (clinical picture, causes and treatment) (Hours: 14)

2. Substance-related disorders: Alcohol abuse and Drug abuse (clinical picture, causes and treatment) (Hours: 10)

3. Cardiovascular diseases: Hypertension and Coronary Heart Disease; **Personality disorders:** Antisocial personality disorder; **Developmental disorders:** Learning Disorder, Autism and Attention Deficit Hyperactivity Disorder (clinical picture, causes and treatment) (Hours: 14)

4.Treatment of disorders: a) **Biological treatment:** Pharmacotherapy and Electroconvulsive therapy; b) **Psychological treatment:** Psychoanalytic therapy, Behaviour therapy and Cognitive-Behaviour therapy. (Hours: 10)

Practicum

Any two of the following (based on PSY 13) clinical assessment techniques would be carried out in the laboratory/field.

1. Psychological testing: Semi projective techniques/Projective techniques
2. Clinical interview
3. Role play

Readings

1. Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J.M. (2007). Abnormal Psychology. Thirteenth Edition. Pearson, New Delhi. (Chapters 10, 11, 14, 16, 17)
2. Kring, A. M., Johnson, S. L., Davison, G. C. & Neale, J.M. (2010). Abnormal Psychology. Eleventh Edition. Delhi: Wiley-India. (Chapter 11, 12, 13)