## **ALLIED COURSE PAPER - I**

#### **APPAREL DESIGN & CONCEPTS**

Marks: 150

## **THEORY**

Marks : 100 Teaching Periods: 4 + 1 students' presentation / week

# **Objectives**

- 1. To understand the human form with respect to clothing requirement
- 2. To develop sensitivity towards fabric and design selection for apparel
- 3. To familiarize with preparatory steps involved in garment construction

**Contents** Periods

# **UNIT 1** Industrial machines, tools and equipment

12

- An overview of Indian Garment Industry
- Apparel classification and categories
- Industrial machines: spreading, marking cutting, fusing, sewing, work aids, pressing and finishing
- Detailed study of inter-relation-ship between fabric , thread ( types and uses), needle (types and uses) , stitch length

# **UNIT 2** Garment Design

**20** 

- Body measurement and Sizing: Body landmarks, importance of taking body measurements, how to take correct body measurements
- Garment silhouettes
- Ease in garments: types and amounts in different garments
- Study of garment components in detail: fabric, necklines, armholes, collars, sleeves, plackets, pockets, waistbands, hemlines,
- Trims and their applications,
- Linings and interlinings (types and their application)
- Disposal of fullness- Darts, tucks, pleats and gathers
- Designing of apparel for : age, climate, occasion, occupation, fashion and figure -
- Designing for people with special needs ( maternity , lactation, People with special abilities)-

# **UNIT 3** Pattern making and Garment construction

24

- Importance of making patterns,
- Drafting basic block for self/ form: skirt (front and back)
- Flat patterning for skirts: Slash and spread and pivotal transfer
- Skirts and all its variations basic skirt silhouettes (A-line, flared, circular, gathered, pleated, yoked, paneled, tiered, layered)
- Fabric preparation for cutting and stitching
- Laying patterns on fabric: types of layouts, layout on different fabric widths and types

- Industrial paper patterns; pattern information
- Marker development, Calculations of materiel requirements
- Planning garment assembly; upper garments, skirt and trousers
- Seams: basic sewing techniques (joining of equal and unequal length layers ) decorative and enclosed seams on different fabrics
- Pockets: In-seam, applied pockets and slashed
- Fit: components, evaluating fit and quality standards for lower body and legs in women's wear and components in lower garments

## **Recommended Readings:**

- 1. Gupta, Veena, Introductory manual for B.Sc. Home Science (2012), Elite Publishing House Pvt. Ltd.
- 2. Mary Jo Kallal (1986), Clothing Construction; Macmillan Publishing Co.
- 3. Reader's digest Complete guide to Sewing, Reader's digest ,(1997)
- 4. Stamper, A.A., S. H. Sharp and L.B. Donnell (1986) Evaluating Apparel Quality, Fairchild Publications, America

### **PRACTICAL**

Marks: 50 Teaching Periods: 4/week

## **Objectives**

- 1. To help develop skills in pattern making for women lower garments
- 2. To develop skills in garment construction

**Content** Practical

## 1. Developing Patterns

4

- Taking body measurements
- Demonstration of draping a skirt to introduce dart requirement concept
- Development of a draft of a skirt
- Develop patterns for skirt to a gathered, pleated, A- line, flared with waistband

#### 2. Construction Processes

4

- Introduction to a sewing machine with a demonstration and practice of plain seam (straight and curved)
- Suitable placket openings for skirts (even hem, wrap and projection and zipper)
- Pockets in skirts : Inseam pocket, patch pockets

### 3. Garment Development

6

Construction of a skirt (from the developed patterns) for self with a zipper and in-seam pocket

### **PROJECT**

Re-cycle – reuse :Develop one article from waste material/ new fibre.