

Semester III

PSY 07. Development of Psychological Thought

Objective: Introduces students to the diverse streams of psychological thought to allow critical appreciation of paradigms, postulates and theoretical frameworks used in explaining psychosocial processes.

Marks: 100

Contact hours: 48

1. The Universal Quest for Psyche: Insights from ancient Indian philosophical systems (i.e., Samkhya, Yoga, Vedant,); The Western traditions: Empiricism, rationalism and utilitarianism. The Early beginnings: Contributions of early schools (i.e. structuralism, functionalism, gestalt)

2. Positivist Thrust: From behaviorism to cognition: Key contributions of Watson, Tolman, Hull, and Skinner; Cognitive revolution;

3. Psychoanalytic and Humanistic-Existential Thrust: Freudian psychology; Shift to socio-psychoanalytic thought: Ego Psychology, Object relations; Cultural psychoanalysis (Sudhir Kakar), Contributions of phenomenologically oriented humanistic and existential thinkers

4. Contemporary Developments: Feminism and Social constructionism

Readings:

1. King, D. B., Viney, W., & Woody, W. D. (2008). A history of psychology: Ideas and context: (4th edition). Pearson Education (Chapters-6, 7, 9,10, 12, 15, 16, 17).
2. Leahey, T. H. (2004). A History of psychology: Main currents in psychological thought. Upper Saddle River, N.J: Pearson Prentice Hall (Chapters 10,11, 13,14).
3. Paranjpe, A. C. (1984). Theoretical psychology: The meeting of East and West. New York: Plenum Press (Chapter 4,5,6).
4. St. Clair, Michael. (1999). Object Relations and Self-Psychology: An Introduction. Wadsworth Publishing Company (Chapters 1 and 2).

