

**PSY DCII 02: Youth Psychology**

**Objective:** To help students understand the notion of youth across cultures, the factors influencing youth identity and the importance of youth psychology.

**Marks: 100**

**Contact Hours: 48**

- 1. Introduction:** Defining youth; Youth across cultures; Formulation of youth identity; Concerns and relevance of youth psychology. (12 Hours)
- 2. Youth development and society:** Relationship with family members, peers and friends; Romantic relationships and intergenerational relations; Youth culture: Gender, media and values. (14 Hours)
- 3. Issues and challenges:** Youth and risk behaviours (Drug abuse, delinquency, sexuality & suicide risk); Employment, education; Youth in transition. (12 Hours)
- 4. Youth and sustainable social well-being:** Positive youth development: Responsibility, social interest and social capital. (10 Hours)

**Readings:**

- Brown, B. B., R. Larson, & T. S. Saraswathi. (2002). The world's youth: Adolescence in eight regions of the globe. New York: Cambridge University Press. (Chapters 1 & 2).
- Connidis, I. A. (2010). Family ties and aging. Sage. (Chapters 8 & 10)
- Heinz, L. & Ansbacher, R.R. (1956). The individual psychology of Alfred Adler. New York: Basic Books. (Chapter 5)
- Jonathan, I., Thomas, K., & Ramaswamy, S. (2002). Social capital and well-being in developing countries: An introduction. In Jonathan Isham, Thomas Kelly, and Sunder Ramaswamy, eds. Social capital and economic development: Well-Being in developing countries. Northampton, MA: Edward Elgar, pp. 3-17.
- Rew, L. (2005). Adolescent health: A multidisciplinary approach to theory, research and intervention. Sage. (Chapter-1 & 6)
- Tromosdruff, G. & Chen, X. (2012). Values, religion and culture in adolescent development. Cambridge University Press. (Chapter 1 & 18)