

**LEVEL : SEMESTER III**  
**PAPER NO : 5**  
**TITLE OF PAPER : UNDERSTANDING PSYCHOLOGY FOR SOCIAL WORK**  
**MARKS : 100**

**Objectives:**

1. Understand the basic concepts and processes in psychology for social work practice
2. Develop understanding about personality development
3. Acquire knowledge for applying concepts of psychology in social work

**Course Contents:**

**Unit 1: Basic Psychological Processes**

- 1.1 Relevance of psychological processes for social work practice
- 1.2 Learning and Motivation
- 1.3 Intelligence

**Readings:**

- Ingleby, Ewen (2010): Applied Psychology for Social Work, Sage Publication.
- Cicarrlli, S.K. and Meyer,G.E. (2006): Psychology. Pearson Publication.
- Wayne Weiten ( 2013) 9th Edition: Psychology: Themes and Variations Briefer Version, Belmont, CA, Wadsworth /Cengage Learning.

**Unit 2: Growth and Development**

- 2.1 Growth and development: Meaning and differences
- 2.2 Principles of growth and development
- 2.3 Developmental Tasks

**Readings:**

- Hurlock, B. Elizabeth (1981): Developmental Psychology: A Lifespan Approach, Tata McGraw Hill, Publishing Company Ltd.
- Bcoket, Chris (2002): Human Growth and Development: A Psycho-social Introduction, Sage, London.
- Barbara Rogoff 2003:The Cultural nature of Human Development, New York, Oxford University Press.

**Unit 3: Life Span Stages**

- 3.1 Childhood
- 3.2 Adolescence
- 3.3 Adulthood

**Readings:**

- Hurlock, B. Elizabeth (1981): Developmental Psychology: A Lifespan Approach, Tata McGraw Hill, publishing company Ltd.( Chapter III to VIII)
- Cicarrlli, S.K. and Meyer, G.E. (2006): Psychology, Pearson Publications.

- Dowling Marion (2005): *Young Childre’s Personal, Social and Emotional Development*, Second Edition, Sage, London.
- Brown, B. B., Larson, R. W., & Saraswathi, T. S. (Eds.). (2002). *The world's youth. Adolescence in eight regions of the globe*. Cambridge, UK: Cambridge University Press.
- Gielen, U. P., & Roopnarine, J. L. (Eds.). (2004). *Childhood and adolescence: Cross-cultural perspectives and applications*. Westport, CT: Praeger.

#### **Unit 4: Personality Development**

##### **4.1 Concept of Personality**

##### **4.2 Determinants of Personality: Role of Heredity and Environment in Personality Development**

##### **4.3 Freud’s Psychoanalytical Theory**

#### **Readings:**

- Morgan and King (1993): *Introduction to Psychology*, New Delhi, Tata McGraw Hill, Publishing Company Ltd.
- Chowdhary, Richa (2006) “*Manovigyan Tatha Manovagyanik Prakriyaen*” New Delhi, Radha Publication.
- Elizabeth B. Hurlock (1976): *Personality Development*, New Delhi, Tata McGraw Hill Publishing Co. Ltd.
- Hall and Lindzey (2009): *Theories of Personality*. New York, John Wiley and Sons.
- Chowdhary, Richa (2010) “*Vikasatmak Manovigyan*” New Delhi, Naman Prakashan,