

LEVEL	: SEMESTER III
PAPER NO	: 6
TITLE OF PAPER	: WORKING WITH INDIVIDUALS
MARKS	: 100

Objectives:

1. Understand social case work as a method of social work.
2. Develop abilities to critically analyze problems of individuals, families and factors affecting them.
3. Enhance understanding of the basic concepts, tools techniques skills and process.
4. Develop ability of establishing and sustaining a working relationship with the client.

Course Contents:

Unit-1: Introduction to Social Case Work

- 1.1 Concept of social casework: meaning, evolution, nature and objectives
- 1.2 Principles of social case work
- 1.3 Components of social case work: person, problem, place and process

Readings:

- Hamilton, G. (1956): Theory and Practice of Social Casework. New York: Columbia University Press.
- Beistek, F.P. (1957): The Casework Relationship. Chicago: Loyola University Press.
- Pearlman, H.H. (1957): Social Casework: A Problem Solving Process. Chicago: The University of Chicago Press.

Unit-2: Understanding Clients

- 2.1 Human needs and problems faced by individuals and families
- 2.2 Factors impacting personality development of individuals
- 2.3 Concept of social role and reasons for poor role performance

Readings:

- Mathew, G. (1992): An Introduction to Social Casework. Bombay: Tata Institute of Social Sciences.
- Werner, H.D. (1965): A Rational Approach to Social Case Work. New York: Association Press
- Timms, N. (1964): Social Casework: Principles and Practice. London: Routledge and Kegan Paul.
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Unit-3: Tools, Techniques and Skills of Social Case Work

- 3.1 Client-worker relationship and use of authority
- 3.2 Case work tools: listening, observation, interview and home visits
- 3.3 Skills of case work: communication, resource mobilization, rapport building and case work recording

Readings:

- Beistek, F.P. (1957): The Casework Relationship. Chicago: Loyola University Press.
- Skidmore, R.A. &Thakhary, M.G. (1982): Introduction to Social Work. New Jersey: Prentice Hall.
- Timms, N. (1972): Recording in Social Work. London: Routledge and Kegan Paul.(Unit-III)

Unit-4: Process of Social Case Work Practice

- 4.1 Approaches to Case Work: psycho-social, problem solving and task-centered
- 4.2 Phases of case work process: study, assessment, intervention, termination and evaluation
- 4.3 Case work practice in different settings: family, hospital, mental health and schools

Readings:

- Younghusband, E. (1966): New Development in Case Work. London: George Allen and Unwin
- Skidmore, R.A. &Thakhary, M.G. (1982): Introduction to Social Work. New Jersey: Prentice Hall.
- Hamilton, G. (1956): Theory and Practice of Social Casework. New York: Columbia University Press.